

1. Raising awareness of sight loss.
2. Advice and guidance as to how to be more sight loss friendly.
3. How Torch can support people with sight loss.



From **TORCH TRUST**

1. An elderly gentleman who has been registered blind since childhood. He has recently been widowed. His wife provided a great amount of support for him.
2. An elderly lady living on her own who has been gradually losing her sight due to macular degeneration.



From TORCH TRUST

THINK
about people
with sight loss



ASK

**them what they
would like**



ACT
with kindness and
consideration



Practical Guiding Tips

1. Remember to ask if someone needs help
2. Introduce yourself by name, say who you are.
3. If you know their name, refer to the person by name so they know you are talking to them.



From **TORCH TRUST**

Practical Guiding Tips

4. Many people will be used to being guided by holding an arm. Others may wish to put a hand on your shoulder or follow you closely.
5. Check which side the person would like to stand.
6. Keep your guiding arm still and relaxed.



From TORCH TRUST

Practical Guiding Tips

7. Match the pace of the person you are guiding.
8. Allow enough room around any obstacles and tell them what you are approaching. It is also good to say there is a change in ground surface or a step.
9. Explain any loud noises.



From TORCH TRUST



Sheep and Shepherd
The shepherd and his flock are the central figures in the parable of the sheep and the goats. The shepherd is the one who separates the sheep from the goats, and the sheep are the ones who are saved. The goats are the ones who are condemned. The parable is a metaphor for the final judgment, where the good will be rewarded and the evil will be punished.





The Nativity

In a little, remote town all around
Mary had a baby boy so soft and so kind
People began coming in to see and
Mary knew it was one of those special ones
She'd been told, her baby would be King
Then wise men came, their gifts to bring
That baby boy was Jesus, Saviour, King
This is the good news we are glad to bring
Chapter 1